4601-03 Using grams and kilograms

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On this page, you need to measure in **grams** and **kilograms**, so you will need at least one weighing balance.

If you are at home, you could use kitchen scales.

Choose some things to measure in **grams**.
Put your results in the table below.

If possible, check your results with your friends to see how accurately you are measuring.

Object	Measurement in grams

Now choose some things to measure in **kilograms**.
Don't drop heavy things on your feet!
Put your results in the table below.

Object	Measurement in kilograms